

First 100 High Frequency words

These are the first 100 high frequency words as taught in the Letters and Sounds phonics programme. Learning just 13 of the most frequently used words will enable children to read 25% of any text.

Learning 100 high frequency words gives a beginner reader access to 50% of virtually any text whether a children's book or a newspaper report.

[\(http://www.highfrequencywords.org/\)](http://www.highfrequencywords.org/)

Tips for learning to spell:

- Make sure your child can read the words. Then learn to spell a few at a time. Little and often is best.
- Put them into a sentence.
- Flash cards can be downloaded from the internet.
- When writing always used joined handwriting.

100 High Frequency words in order from top to bottom in lists of 10 (from the to an)									
the	was	that	what	not	do	look	get	put	if
and	you	with	there	then	me	don't	just	could	help
a	they	all	out	were	down	come	now	house	Mrs.
to	on	we	this	go	dad	will	came	old	called
said	she	can	have	little	big	into	oh	too	here
in	is	are	went	as	when	back	about	by	off
he	for	up	be	no	it's	from	got	day	asked
I	at	had	like	mum	see	children	their	made	saw
of	his	my	some	one	looked	him	people	time	make
it	but	her	so	them	very	Mr.	your	I'm	an

The next 200 High Frequency Words

These words are in lists of 20. The first word in the first list **water** is the most frequently used and **grow** the last word in the last list is the least frequently used.

water	bear	find	these	live	let's	fun	any	better	lived
away	can't	more	began	say	much	place	under	hot	birds
good	again	I'll	boy	soon	suddenly	mother	hat	sun	duck
want	cat	round	animals	night	told	sat	snow	across	horse
over	long	tree	never	narrator	another	boat	air	gone	rabbit
how	things	magic	next	small	great	window	trees	hard	white
did	new	shouted	first	car	why	sleep	bad	floppy	coming
man	after	us	work	couldn't	cried	feet	tea	really	he's
going	wanted	other	lots	three	keep	morning	top	wind	river
where	eat	food	need	head	room	queen	eyes	wish	liked
would	everyone	fox	that's	king	last	each	fell	eggs	giant
or	our	through	baby	town	jumped	book	friends	once	looks
took	two	way	fish	I've	because	its	box	please	use
school	has	been	gave	around	even	green	dark	thing	along
think	yes	stop	mouse	every	am	different	grandad	stopped	plants
home	play	must	something	garden	before	let	there's	ever	dragon
who	take	red	bed	fast	gran	girl	looking	miss	pulled
didn't	thought	door	may	only	clothes	which	end	most	we're
ran	dog	right	still	many	tell	inside	than	cold	fly
know	well	sea	found	laughed	key	run	best	park	grow